

## KYBELLA® (Deoxycholic Acid) Injection

### Pre and Post Treatment Instructions

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#### Kybella® (Non-invasive fat reduction)

##### IMPORTANT

- Please alert us of any medical conditions you may have and/or any prescribed medications you are taking prior to your treatment.
- Treatment is not recommended if you are pregnant, nursing, taking blood thinners or immunosuppressants, or are immunocompromised.
- Results can vary from person to person.

##### Pre-Kybella® Instructions:

- The ideal time to schedule this procedure is at LEAST 2 weeks before a big event.
- Inform us if you have a history of DIFFICULTY SWALLOWING, medication allergies, history of anaphylaxis, and any other medical problems.
- Take ibuprofen, Motrin or Advil about 1 hour before your appointment.

##### Post-Kybella® Instructions:

- After the treatment, ice the areas treated with Kybella® gently for a few times that day.
- Treated areas may be red, inflamed, swollen and bruised for the first 2-7 days.
- If bruising occurs, apply topical Arnica gel to help bruising resolve faster. We also have a laser to help speed up the recovery time and makeup to help conceal it if necessary. Please call us when it's needed.
- A scarf is recommended if area is swollen.
- All normal activities including exercise can be resumed as long as it is comfortable for you.
- Take Ibuprofen, Motrin or Advil or apply cold compression if needed for discomfort after the treatment.
- **Kybella® requires 2-4 sessions for optimal treatment. Remember to schedule your next appointment in 6-8 weeks.**

We want you to have an outstanding result. If you have any questions or unexpected concerns, please call our office at 425.316.8200.

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**BY ALLERGAN (makers of Botox, Juvederm, Voluma, Kybella)**

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**Brilliant Distinctions® is a third party rewards program operated by Allergan. Mill Creek Skin & Laser is not responsible for nor do they have access to your personal account information. For questions regarding Brilliant Distinctions, call 1-888-324-2745.**

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Patient Name

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Patient Signature

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Date

MILL CREEK SKIN & LASER • 15111 Main Street, Suite A201 • Mill Creek, WA 98012 • 425.316.8200

[www.millcreekskinlaser.com](http://www.millcreekskinlaser.com)

**Hours:** Tuesday-Saturday 10:00 AM-6:00 PM