

MILL CREEK SKIN & LASER
Pre-and Post Wax Treatment

1. In order for waxing to be effective, hair must be at least ¼ to ½ inch in length. For most people, this means around 1 to 2 weeks worth of growth after you last shaved.
2. 24 hours prior to treatment, gently exfoliate and moisturize the area. This will prepare your skin and remove dead skin cells, ensuring optimal results and a better waxing experience
3. No Retin-A, Retinols, Alpha-Hydroxies, Hydroquinone, or Accutane at least 6 months prior to a waxing treatment.
4. Avoid excessive heat and sun exposure at least 48 hours prior to treatment due to increased sensitivity in the skin.
5. For women, skin can be more sensitive during the monthly cycle, so try to get the wax done at least three days before or after menstruating. Caffeine, menstruation and pregnancy increase skin sensitivity. Skin can also be more sensitive if using regular and/or topical antibiotics and salicylic acid.
6. About a half hour before waxing, take a mild anti-inflammatory like ibuprofen. This will decrease any discomfort caused by waxing.
7. Everyone reacts differently to waxing. Common side effects are skin irritation and skin bumps which should resolve in about 24 hours.
8. Wax every six weeks for optimal results. Sooner than 6 weeks will not give the hairs enough time to grow long enough.

PRECAUTIONS & CONSIDERATIONS: We cannot wax if you are experiencing the following symptoms:

1. Open sores, blisters or wounds.
2. If you have had a superficial chemical peel in the last 7 days.
3. If you have had a Medical Chemical Peel or Dermabrasion in the last year
4. If you have any of the following conditions: psoriasis, eczema, moderate to severe acne.

If you are interested in laser hair removal, please make an appointment.

If under 18 years of age, parent or guardian must sign below.

Patient Name (Print)

Patient Signature

Date

Guardian Name (Print) – if applicable

Guardian Signature / Relationship

Date

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