

Glacial RX Glide

Pre-and Post Treatment Instructions

IMPORTANT:

- Please alert us of any medical conditions you may have and/or any prescribed medications you are taking prior to your treatment.
- We CANNOT treat you if:
 - You are pregnant or breastfeeding
 - have been on Accutane in the last 6 months
 - Active cold sores
 - Recent/active sunburn
- The treatment area is more susceptible to sunburn, sun damage and hyperpigmentation. Please avoid direct sun exposure and use a minimum SPF30 sunscreen.

WHAT TO EXPECT:

In the upcoming days, many patients may see improvement in skin health. Many patients may see brighter skin and less redness in the treated area. In the coming weeks, a reduction in the appearance of age spots or other benign lesions of the skin may be noticed. Results will vary patient to patient. You may very rarely experience the following potential side effects for the treated spots:

- Redness
- Itchiness
- Crusting (Dry exfoliated skin)
- Spot Darkening or post inflammatory hyperpigmentation (PIH)
- Temporary skin lightening (treated skin may look lighter than surrounding skin)
- Swelling
- Mild tenderness/Soreness
- Transient localized numbness
- Blister formation

Please contact us directly if you have any questions or concerns.

Product Recommendations:

- HQ Even & Correct Serum Sunscreen
 Obagi Nu-Derm Kit Even & Correct Kit

Continue to use products recommended throughout your treatment including sunsceen.

_____	_____	_____
Patient Name (Print)	Patient Signature	Date
_____	_____	_____
Guardian Name (Print)-if applicable	Guardian Signature/ Relationship	Date