

KYBELLA® (Deoxycholic Acid) Injection Pre and Post Treatment Instructions

Kybella® (Non-invasive fat reduction)

Pre-Kybella® Instructions:

- The ideal time to schedule this procedure is at LEAST 2 weeks before a big event.
- Inform us if you have a history of DIFFICULTY SWALLOWING, medication allergies, history of anaphylaxis, and any other medical problems.
- Take ibuprofen, Motrin or Advil about 1 hour before your appointment.

Post-Kybella® Instructions:

- After the treatment, ice the areas treated with Kybella® gently for a few times that day.
- Treated areas may be red, inflamed, swollen and bruised for the first 2-7 days.
- If bruising occurs, apply topical Arnica gel to help bruising resolve faster. We also have a laser to help speed up the recovery time and makeup to help conceal it if necessary. Please call us when it's needed.
- A scarf is recommended if area is swollen.
- All normal activities including exercise can be resumed as long as it is comfortable for you.
- Take Ibuprofen, Motrin or Advil if needed for discomfort after the treatment.

Kybella® requires 2-6 sessions for optimal treatment. Remember to schedule your next appointment in 6-8 weeks.

We want you to have an outstanding result. If you have any questions or unexpected concerns, please call our office at 425.316.8200.

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BY ALLERGAN (makers of Botox, Juvederm, Voluma, Kybella)**

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Patient Name

Patient Signature

Date

Mill Creek Skin & Laser Center

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Hours: Tuesday-Saturday 10:00 AM-6:00 PM